

## Age Friendly Volunteer Role Description

### Overview

Amersham Museum is putting on a programme of activities for older people both within the museum and as an outreach programme in people's homes, Care Homes and community groups. This will be for people with and without dementia and for their carers (spouses, family of friends) with the aim of engaging people in cultural and stimulating activities.

The programme will include a variety of activities, such as:

- Object handling sessions
- Delivering Memory Box sessions
- Create a "Life Story"
- Oral histories
- Practical art activity
- Talks at the museum
- Story Chain – creating a story from objects/ pictures

We are looking for committed volunteers to help us run the programme, who would need to be happy working with people living with dementia, to support the programme in a variety of ways.

### **Volunteer responsibilities and tasks would include the following:**

- To provide a warm welcome to participants and to undertake welcome activities as directed; for example, helping with seating, distributing badges, assisting with orientation, making tea etc.
- To have a clear understanding of the sessions' planned activities so that this can be shared with participants.
- To assist participants and support their undertaking of the associated arts activity or handling session (training given).
- To take part in an evaluation at the end of each session or event.
- In the case of outreach activities to respect the environment where this would take place and to work with personnel in other settings.
- To be able to travel to outreach centres.

### **What will you gain from this role?**

- Training in engaging and supporting people with dementia and their care partners.
- Skills to enhance engagement with people with dementia and their care partners.
- Being part of an enthusiastic team.
- Meeting new people within your local community
- Satisfaction of giving back.
- Undertaking hands on creative activities.
- A behind the scenes museum experience.

**What skills and experience are required?**

- Volunteers from all backgrounds are welcome, especially those who have an interest in or experience of supporting people with dementia and their carers.
- Volunteers must be sympathetic to the needs of people with dementia and their care partners.
- Excellent interpersonal and verbal communication skills are required, and punctuality and reliability are essential.
- A DBS would be required (which the museum would organise)

**Hours:** Various, usually weekdays