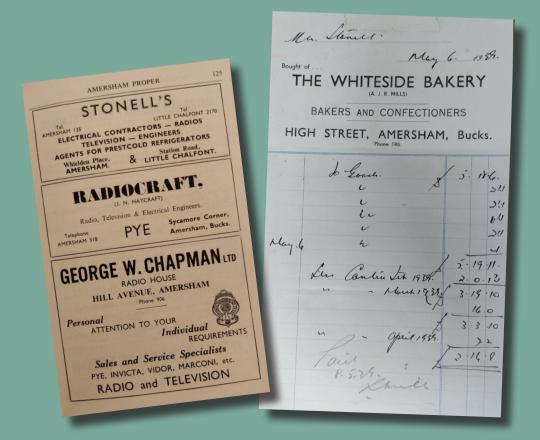
AMERSHAM AFTER (SINGLE-USE) PLASTIC?



The changes to our shopping habits and the products we buy does reflect wider social, technological, political and economic change over the last 70 years. Refrigeration means that we can store food for longer and don't need to shop daily. Shopping in supermarkets or online for a large food shop is therefore both convenient and less personal.



Women and men both work, often full-time, meaning that pre-packaged food or simple, convenient solutions are in higher demand than when women tended to be at home (stopping work after marriage or when they had children).

Globalisation and the growth of online shopping has widened the range of products available to us, at the expense of relying on local suppliers and simple packaging.

Many of these changes to consumption have benefited us, but they come at an environmental cost. Single-use plastic is not sustainable, requiring energy to be made and recycled. It often ends up in landfill, whether it's packaging, clothing or non-recyclable items.

Can you make a change to your habits to help Amersham reduce single use plastic in our community?



